

to your health

Eating disorders have the highest mortality rate of any mental disorder. Nearly 20 million women and 10 million men have eating disorders in the United States. Host Portland Helmich is joined by Allison Jupiter, a social worker and eating disorder specialist, Limor Baum, a nutritional therapist, and Kirsten Haglund, Miss America 2008 to talk about the serious consequences of eating disorders and their treatments.



SEASON FINALE
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